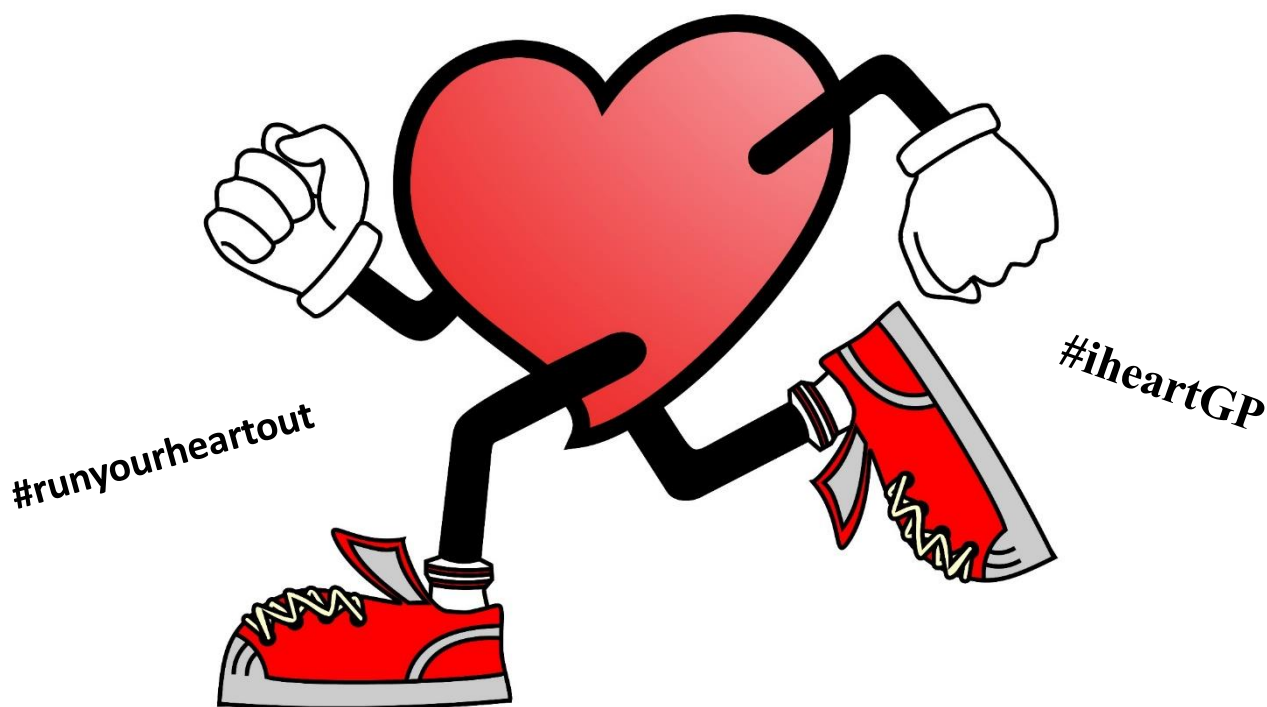


Run Your Heart Out 1mile/5K Run/Walk



Golden Palms
RETIREMENT & HEALTHCARE CENTER

&
FOOTWORKS
Performance Shoe Store

Join together to raise awareness about cardiovascular health

Saturday, September 29th 2018

5K Begins at 7a.m. followed by 1 mile

Early Registration: August 13th- September 13th, 2018.

Registration will stay open until slots are filled.

Deadline September 27th.

First 300 registrants receive a t-shirt upon packet pick up.

At Golden Palms 2101 Treasure Hills Blvd Harlingen/

\$20 through September 13th, \$30 after.

Call Nakita 244-6207 for sponsorship inquiries,
or visit Foot Works for more information.

Registration available online.