

Golden Palms Retirement & Healthcare Center

March 2019 Calendar

FRIDAY

SATURDAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

		Want to know who's having a Birthday Look in the Newsletter!			<p>1</p> <p>8:30 Tai Chi Exercise -6FL * 9:30 Trip to Walmart -San Benito *12:00 Birthday Luncheon-TCR 1:00 Hand & Foot Game -Game Rm 3:00 Game of Rummikub-Mailroom 4:00 TGIF Happy Hour-Deli</p>	<p>2</p> <p>9:00 Take a Stroll at the Walking Trail 2:00 Saturday Afternoon Matinee-6FL "Hairspray" (Family Comedy 1hr 56min.) 3:30 Saturday Quarter Bingo-Deli 7:00 Game Night - Mezz/ Mailroom Call your Friends up and Play!</p>
<p>3</p> <p>Sunday Church Transportation is provided-Please sign up at front desk. 9:30 Bible Study w Larry Crow-PSL 2:00 United Methodist Church-6FL "Pre-recorded 9am Service 2:30 Hgn Performing Arts Theatre "Annie the Musical"</p>	<p>4</p> <p>8:30 Tai Chi Exercise-6FL *9:30 Trip to HEB - Hgn 1:00 Hand & Foot Game - Game Rm 3:00 Rummikub Game-Mailroom 4:00 Sittersice w Felix-6FL</p>	<p>5</p> <p>8:30 Get Fit w Lisa - 6FL 1:30 Shopping Trip to Walgreen's 3:00 Quarter Bingo - Deli 4:00 Sittercise w Felix-6FL</p>	<p>6</p> <p>8:30 Tai Chi Exercise-6FL 9:00 Consignment Shoppe-#440 11:00 Ash Distribution - Mezz 1:00 Hand & Foot Game-Game Rm 2:30 Bible Study w Rev. Palmer-Multi 4:00 Sittercise w Felix-6FL</p>	<p>7</p> <p>8:30 Get Fit w Lisa-6FL *11:00 Romero's & Juliet's-HGN "Longhorn Cattle Co." 3:00 Quarter Bingo-Deli 4:00 Sittercise w Felix-6FL</p>	<p>8</p> <p>8:30 Tai Chi Exercise -6FL * 9:30 Trip to Walmart -San Benito 1:00 Hand & Foot Game -Game Rm 3:00 Game of Rummikub-Mailroom 4:00 TGIF Happy Hour-Deli</p>	<p>9</p> <p>9:00 Take a Stroll at the Walking Trail 2:00 Saturday Afternoon Matinee-6FL "God Bless the Broken Road" 3:30 Saturday Quarter Bingo-Deli *6:45 HGN Concert Association-HM "Sergei Teleshev"</p>
<p>10</p> <p>DAYLIGHT SAVINGS BEGINS Sunday Church Transportation is provided-Please sign up at front desk. 9:30 Bible Study w Larry Crow-PSL 2:00 United Methodist Church-6FL "Pre-recorded 9am Service</p>	<p>11</p> <p>8:30 Tai Chi Exercise-6FL *9:30 Trip to HEB - Hgn 1:00 Hand & Foot Game - Game Rm 3:00 Rummikub Game-Mailroom 4:00 Sittercise w Linda-6FL 7:00 Pray the Rosary-Multi Rm</p>	<p>12</p> <p>8:30 Get Fit w Lisa-6FL 10:00 2nd & 3rd AL Meeting-PSL 1:00 2&3&4 Floor Meeting-6fl 2:00 5th & 6th Floor Meeting-6FL 3:00 Quarter Bingo - Deli 4:00 Sittercise w Linda-6FL</p>	<p>13</p> <p>8:30 Tai Chi Exercise-6FL 9:00 Consignment Shoppe-#440 1:00 Hand & Foot Game-Game Rm *1:00 Thurmond Eye Institute -Multi " Glaucoma Awareness" 2:30 Bible Study w Rev. Palmer-Multi 4:00 Sittercise w Linda-6FL</p>	<p>14</p> <p>8:30 Get Fit w Lisa-6FL *10:00 A Mystery Trip!!! Lunch is included Price \$20 Need a Minimum of 10 residents to sign up. 3:00 Quarter Bingo-Deli 4:00 Sittercise w Linda-6FL</p>	<p>15</p> <p>8:30 Tai Chi Exercise -6FL * 9:30 Trip to Walmart -San Benito 1:00 Hand & Foot Game -Game Rm 2:00 Pre St Patrick's Day Social Sponsored by United Health 4:00 TGIF Happy Hour-Deli</p>	<p>16</p> <p>9:00 Take a Stroll at the Walking Trail 2:00 Saturday Afternoon Matinee-6FL "The Indian in the Cupboard" (Family Drama 1hr 36min.) 3:30 Saturday Quarter Bingo-Deli 7:00 Game Night - Mezz/ Mailroom Call your Friends up and Play!</p>
<p>17</p> <p>ST. PATRICK'S DAY Sunday Church Transportation is provided-Please sign up at front desk. 9:30 Bible Study w Larry Crow-PSL 2:00 United Methodist Church-6FL "Pre-recorded 9am Service 3:00 Faith Action Bingo-Deli</p>	<p>18</p> <p>8:30 Tai Chi Exercise-6FL *9:30 Trip to HEB - Hgn 1:00 Hand & Foot Game - Game Rm 3:00 Rummikub Game-Mailroom 4:00 Sittercise w Linda-6FL 7:00 Pray the Rosary-Multi Rm</p>	<p>19</p> <p>8:30 Get Fit w Lisa - 6FL *8:30 Creative Retirement Trip "Palo Alto Battlefield" 1:30 Shopping Trip to Dollar Tree 3:00 Quarter Bingo - Deli 4:00 Sittercise w Linda-6FL 7:00 Heavenly Visions Choir -Lobby</p>	<p>20</p> <p>SPRING BEGINS 8:30 Tai Chi Exercise-6FL 9:00 Consignment Shoppe-#440 *12:00 Women's Connection-TR "Picture Perfect" CATO Style Show 1:00 Hand & Foot Game-Game Rm 2:30 Bible Study w Rev. Palmer-Multi 4:00 Sittercise w Linda-6FL</p>	<p>21</p> <p>8:30 Get Fit w Lisa-6FL *9:00 Trip to Port Mansfield "Deer Watch" Enjoy a Fabulous Lunch @ Sweet Gregory P Smokehouse Grill 3:00 Quarter Bingo-Deli *6:45 HGN Concert Association-HM " Beginnings"</p>	<p>22</p> <p>8:30 Tai Chi Exercise -6FL * 9:30 Trip to Walmart -San Benito 1:00 Hand & Foot Game -Game Rm 3:00 Game of Rummikub-Mailroom 4:00 TGIF Happy Hour-Deli</p>	<p>23</p> <p>9:00 Take a Stroll at the Walking Trail 2:00 Saturday Afternoon Matinee-6FL "East of Eden" (Golden Global-1910 1hr 56min) 3:30 Saturday Quarter Bingo-Deli 7:00 Game Night - Mezz/ Mailroom Call your Friends up and Play!</p>
<p>24</p> <p>Sunday Church Transportation is provided-Please sign up at front desk. 9:30 Bible Study w Larry Crow-PSL 2:00 United Methodist Church-6FL "Pre-recorded 9am Service</p>	<p>25</p> <p>8:30 Tai Chi Exercise-6FL *9:30 Trip to HEB - Hgn 1:00 Hand & Foot Game - Game Rm 3:00 Rummikub Game-Mailroom 4:00 Sittercise w Linda-6FL 7:00 Pray the Rosary-Multi Rm</p>	<p>26</p> <p>8:30 Get Fit w Lisa - 6FL 1:30 Shopping Trip to Mall 3:00 Quarter Bingo - Deli 4:00 Sittercise w Linda-6FL</p>	<p>27</p> <p>8:30 Tai Chi Exercise-6FL 9:00 Consignment Shoppe-#440 1:00 Hand & Foot Game-Game Rm 2:30 Bible Study w Rev. Palmer-Multi 4:00 Sittercise w Linda-6FL</p>	<p>28</p> <p>8:30 Get Fit w Lisa-6FL 9:00 Tour of Laguna Atacosa Lunch @ Red Lobster 3:00 Quarter Bingo-Deli 4:00 Sittercise w Linda-6FL</p>	<p>29</p> <p>*8:30 Breakfast w Exec. Dir.-TCR * 9:30 Trip to Walmart -San Benito 1:00 Hand & Foot Game -Game Rm 3:00 Game of Rummikub-Mailroom 4:00 Cocktail Hour-Lobby *5:00 Candlelight Dinner-TCR</p>	<p>30</p> <p>9:00 Take a Stroll at the Walking Trail 2:00 Saturday Afternoon Matinee-6FL "Monster in Law" (Family Comedy 1hr 41min) 3:30 Saturday Quarter Bingo-Deli 7:00 Game Night - Mezz/ Mailroom Call your Friends up and Play!</p>
<p>31</p> <p>Sunday Church Transportation is provided-Please sign up at front desk. 9:30 Bible Study w Larry Crow-PSL 2:00 United Methodist Church-6FL "Pre-recorded 9am Service</p>		<p>Friendly Reminder</p> <p>Please sign In & Out when leaving building at the Concierge Desk.</p> <p>Sign up for Trips & Events in notebook at Receptionist Desk.</p>				<p>Abbreviations PSL-2nd floor Palm Suites Lounge Mezz- 2nd Floor Landing Mezzanine TR- 6th Floor Texas Room TCR- 1st Floor The Chandelier Rm Multi -1st Floor Multi Purpose Rm HGN- Harlingen HMA-Hgn Municipal Auditorium</p>